

Lucene Wisniewski, PhD, FAED

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EDUCATION

Undergraduate

1983-1987	Rutgers University/Douglass College	B.A.	Psychology Summa cum laude
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Graduate

1989-1991	University of Pittsburgh	M.S.	Psychology
1991-1994	University of Pittsburgh	Ph.D.	Clinical Psychology

Internship

1994-1995	University of Pittsburgh Medical Center	Western Psychiatric Institute and Clinic	Clinical Psychology
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Post-Doctoral Fellowship

1995-1997	University of Pittsburgh Medical Center	Western Psychiatric Institute and Clinic	Eating Disorders Program
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Clinical Psychology Licensure

1998-2001	State of Washington	License # PY2275
2000	Ohio	License # 5717

HONORS

1987	Honors Scholar, Psi Chi, Phi Beta Kappa, Rutgers University
1989 - 1993	National Institutes of Health Behavioral Medicine Training Fellowship
1990 - 1992	Margaret Denton Wagner Fellowship, Douglass College Alumnae Association
2003	Elected Fellow, Academy for Eating Disorders (FAED)
2013	Outstanding Clinician Award, Academy for Eating Disorders

PROFESSIONAL POSITIONS

- 1987 - 1989 *Research Supervisor*, National Institute of Mental Health, Laboratory of Psychology and Psychopathology. Supervisors: Connie Duncan, Ph.D., Alan F. Mirsky, Ph.D.
- 1991 - 1994 *Senior Research Associate* (Behavioral Weight Loss for Adults with Diabetes Mellitus: #DK29757). Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center. Principal Investigator: Rena R. Wing, Ph.D.
- 1992 - 1994 *Senior Research Associate*: (Cognitive Behavioral Treatment of Obese Binge Eaters: #MH44828). Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center. Principal Investigator: Marsha D. Marcus, Ph.D.
- 1992 - 1994 *Course Instructor*, Abnormal Psychology, University of Pittsburgh, Department of Psychology.
- 1994 - 1997 *Program Director*, Childhood Healthy Eating Program, Western Psychiatric Institute and Clinic.
- 1995 - 1997 *Post-doctoral Fellow*, Eating Disorders Program, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center. Supervisor: Marsha D. Marcus, Ph.D.
- 1996 *Course Instructor*, Introduction to Psychology as a Natural Science, University of Pittsburgh, Department of Psychology.
- 1997 *Course Instructor*, General Psychology, Seattle Central Community College, Humanities Department.
- 1997 - 2000 *Private Practitioner*, Seattle WA
- 1998 - 2000 *Clinical Instructor*, Department of Psychiatry and Behavioral Sciences, Harborview Medical Center, University of Washington, Seattle, WA.
- 1999 - 2000 *Consultant*, Kartini Clinic for Disordered Eating, Portland, OR.
- 2000 *Consultant*, The Diabetes Prevention Program (DPP), Seattle, WA.
- 2000 - 2006 *Clinical Director of Eating Disorder Programs*, Laurelwood Hospital, Willoughby, OH.
- 2002 - present *Trainer*, Behavioral Technology Transfer Group, Seattle, WA.

2002 - 2007	<i>Clinical Instructor</i> , Department of Psychology, Case Western Reserve University, Cleveland, OH.
2007 - present	<i>Adjunct Assistant Professor</i> , Department of Psychological Sciences, Case Western Reserve University, Cleveland, OH.
2006 - 2014	<i>Clinical Director, Co-founder</i> , Cleveland Center for Eating Disorders, Cleveland, OH
2009 - present	<i>Advisory Board: Your Teen Magazine</i> , Cleveland, OH.
2014 - 2017	<i>Chief Clinical Integrity Officer</i> , The Emily Program. Ohio, Minnesota, Pennsylvania & Washington.
2017 - present	<i>Owner & Founder</i> , Lucene Wisniewski, PhD, LLC & DBT Ohio.
2018 - present	<i>Owner, Founder & Chief Clinical Officer</i> , Center for Evidence Based Treatment-Ohio

RESEARCH

Grant Support:

NIDA: #R21 1R21DA/MH09369-01 "Vulnerability to Substance Abuse in Humans"
(Co-Investigator; Principle Investigator, Walter Kaye, M.D.); 7/1/95 - 6/30/97,
TDC: \$280,740.

ONRC: Obesity and Nutrition Research Center. The Assessment and Treatment of Severe
Pediatric Obesity (Principle Investigator); 7/1/96-7/1/97, TDC: \$15,000.

PUBLICATIONS

Peer Reviewed Publications:

Epstein, L.H., Rodefer, J., **Wisniewski, L.**, & Caggiula, A. (1992). Habituation and dishabituation of the human salivary response. Physiology and Behavior, 51, 945-950.

Wisniewski, L., Epstein, L.H., & Caggiula, A. (1992). The effect of food change on salivation, hedonics and eating. Physiology and Behavior, 52, 21-26.

Epstein, L.H., Caggiula, A., Rodefer, J.S., **Wisniewski, L.**, & Mitchell, S.L. (1993). The effects of calories and taste on habituation of the human salivary response. Addictive Behaviors, 18, 179-185.

- Epstein, L.H., Klein, K., & **Wisniewski, L.** (1994). Child and parent factors that influence psychological problems in obese children. International Journal of Eating Disorders 15, 151-158.
- Epstein, L.H., **Wisniewski, L.**, & Weng, R. (1994). Child and parent psychological problems influence child weight control. Obesity Research, 2, 509-515.
- Epstein, L.H., Valoski, A., Vara, L., McCurley, J., **Wisniewski, L.**, Kalarchian, M., Klein, K., & Schragar, L. (1994). Effects of decreasing sedentary behavior and increasing activity on weight change in obese children. Health Psychology, 14, 109-115.
- Epstein, L.H., **Wisniewski, L.**, deFlavia, P & Mitchell, S. (1995). Salivary responding and the duration of measurement. Behavior Research Methods, Instruments & Computers, 27, 379-382.
- Kaye, W. & **Wisniewski, L.** (1996). Vulnerability to substance abuse in the eating disorders. NIDA Research Monograph, 159, 269-311; discussion 312-321.
- Wisniewski, L.**, Epstein, L.H., Marcus, M., & Kaye, W. (1997). Differences in salivary habituation to palatable foods in bulimia nervosa patients and controls. Psychosomatic Medicine, 59, 427-433.
- Levine, M.D., Ringham, R.M., Kalarchian, M.A., **Wisniewski, L.** & Marcus, M.D., (2001). Is family-based behavioral weight control appropriate for severe pediatric obesity? International Journal of Eating Disorders, 30, 318-328.
- Wisniewski, L.** & Kelly, E. (2003). Can DBT be used to effectively treat eating disorders? *Cognitive and Behavioral Practice*, 10, 131-138.
- Wisniewski, L.**, & Wagner, E.F. (2003). Introduction to special series on cognitive and behavioral treatment of obesity and eating disorders. *Cognitive and Behavioral Practice*, 10, 103-104.
- Marcus, M.D., Levine, M.D., Kalarchian, M.A., & **Wisniewski, L.** (2003). Cognitive behavioral interventions in the management of severe pediatric obesity. *Cognitive and Behavioral Practice*, 10, 147-156.
- Levine, M.D., Ringham, R.M., Kalarchian, M.A., **Wisniewski, L.** & Marcus, M.D., (2005). Overeating Among Seriously Overweight Children Seeking Treatment: Results of the Children's Eating Disorders Examination. *International Journal of Eating Disorders*.
- Wisniewski, L.** & Ben-Porath, D. (2005). Telephone Coaching with Eating Disordered Clients: Clinical Guidelines using the DBT Model. *European Eating Disorders Review*, 13, 344-350.
- Ben-Porath, D., **Wisniewski, L.**, Warren, M (2009). Differential Response to Dialectical Behavior Therapy Adapted for Eating Disordered Patients With and Without a Comorbid Borderline Personality Diagnosis. *Eating Disorders*; 17; 225-241.

- Ben-Porath, D., **Wisniewski, L.**, Warren, M. (2009). Outcomes of a DBT Day Treatment Program for Eating Disorders: Clinical and Statistical Significance. *Journal of Contemporary Psychotherapy*; 40; 115-123.
- Limbrunner, H. Ben-Porath, H., **Wisniewski, L.** (2011). DBT Telephone Skills Coaching: Preliminary Findings in Individuals with Eating Disorders. *Cognitive and Behavioral Practice* 18,
- Bhatnagar, K., **Wisniewski, L.**, & Heinberg, L. (2013). Manualized Cognitive-Behavioral Treatment of Body Image Disturbance for Eating Disorders: A Preliminary Case Study. *Journal of Clinical Psychology*, 69(1), 1-13.
- Federici, A., **Wisniewski, L.** & Ben Porath, D. (2013). "Description of an Intensive Dialectical Behavior Therapy Program for Multidiagnostic Clients with Eating Disorders. *Journal of Counseling & Development*, 90 (3), 330-338.
- Federici, A., **Wisniewski, L.** (2013). An intensive DBT program for patients with multi-diagnostic eating disorder presentations: A case series analysis. *International Journal of Eating Disorders*, 46 (4), 322-331.
- Wisniewski, L.** & Altman, S (2013). Commentary on "Negotiating for improved reimbursement for Dialectical Behavior Therapy: A successful project"
Cognitive and Behavioral Practice
- Fallon, P., & **Wisniewski, L.** (2013). A system of evidenced-based techniques and collaborative clinical interventions with a chronically ill patient. *International Journal of Eating Disorders*, 46, 501-506.
- Marek, R., Ben-Porath, D., Federici, A., **Wisniewski, L.** & Warren, M. (2013). Targeting pre-meal anxiety in eating disordered clients and normal controls: A preliminary investigation into the use of mindful eating vs. distraction during food exposure. *International Journal of Eating Disorders*. Article first published online: 5 June 2013 | DOI: 10.1002/eat.22152
- Ben-Porath, D.D., Federici, A., **Wisniewski, L.** & Warren, M. (2014). Dialectical Behavior Therapy: Does It Bring About Improvements in Affect Regulation in Individuals with Eating Disorders? *Contemp Psychother* (2014) 44: 245. <https://doi.org/10.1007/s10879-014-9271->
- Wisniewski, L.** & Ben-Porath, D. (2015). Dialectical Behavior Therapy and Eating Disorders: The Use of Contingency Management Procedures to Manage Dialectical Dilemmas. *American Journal of Psychotherapy*, 69 (2), 129-140.

Kelly, A., **Wisniewski, L.**, Martin-Wager, C., & Hoffman, E. (2016). Group-Based Compassion-Focused Therapy as an Adjunct to Outpatient Treatment for Eating Disorders: A Pilot Randomized Controlled Trial. *Clinical Psychology & Psychotherapy*.

Wisniewski, L., Hernandez, M., & Waller, G. (2018). Therapists' self-reported drift from dialectical therapy techniques for eating disorders. *Eating Behavior*, 28, 20-24.

Brown, T., **Wisniewski, L.**, & Anderson, L. (2020). Dialectical Behavior Therapy and Eating disorders: State of the Research and New Directions. *Eating Disorders: The Journal of Treatment and Prevention*, 28, 97-100.

Ben-Porath, D., Duthu, F., Luo, T., Gonidakis, F., Compte, E., & **Wisniewski, L.** (2020). Dialectical behavioral therapy: an update and review of the existing treatment models adapted for adults with eating disorders. *Eating Disorders: The Journal of Treatment and Prevention*, 28, 101-121.

Wall, G., Pugh, M., Mulkens, S., Moore, E., Mountford, V., Carter, J., Wicksteed, A., Maharaj, A., Wade, T., **Wisniewski, L.**, Farrel, N., et al (2020). Cognitive-behavioral therapy in the time of Coronavirus: Clinician tips for working with eating disorders via telehealth when face-to-face meetings are not possible. *International Journal of Eating Disorders*. DOI:10.1002/eat.23289

The treatment of binge eating disorder with cognitive behavior therapy and other therapies: an overview and clinical considerations" *Obesity Reviews*

Other Publications:

Wisniewski, L. (1996). Treatment for severe pediatric obesity. Obesity and Eating Disorders Newsletter, 10, 4.

Wisniewski, L. (1997). Weight management in bipolar disorder. Stanley Center Newsletter for Participants, 2, 22-23

Wisniewski, L., & Marcus, M. (1997). The treatment of pediatric obesity. In V. Van Hasselt & M. Hersen (Eds.), Handbook of Psychological Treatment Protocols for Children and Adolescents. Hillsdale, NJ: Lawrence Erlbaum Associates.

Wisniewski L., Safer DL, Chen E (2007). DBT for patients with eating disorders. In L. Dimeff, K Koerner, C Sanderson, & M Byars (Eds.), Adaptations of Dialectical Behavior Therapy. Guilford Press.

Wisniewski, L., Bhatnager, K., Warren, M. (2009). Using Dialectical Behavior Therapy in the treatment of eating disorders: a model for DBT enhanced CBT. In Fonari, V & Dancyer, I (Eds) Evidence Based Treatments for Eating Disorders: Children, Adolescents and Adults. New York: Nova Science Publishers.

- Wisniewski, L.,** Warren, M., & Heiden, M. (2009). Dialectical Behavior Therapy in the Treatment of Eating Disorders. In Hay, P. & Paxton, S (Eds) Treatment Approaches for Body Dissatisfaction and Eating Disorders: Evidence and Practice. Melbourne: IP Communications
- Wisniewski, L.** (2009). Review of Dialectical Behavior Therapy for Binge Eating and Bulimia by Safer, Telch and Chen. *Cognitive Behaviour Therapy* 39, 49.
- Wisniewski, L & Federici A.** (e-book, 2010). Multi-diagnostic Eating Disorder Patients. In Dimeff, L. & Safer, D. (Eds). Eating Disorders Computer-Assisted Therapy Program
- Wisniewski, L.** (2011). Making Peace with Pain: DBT in the Treatment of Eating Disorders. In Liu, A. (Ed). Restoring our Bodies, Reclaiming our Lives: Guidance and Reflections on Recovery from Eating Disorders. Boston: Trumpeter
- Federici, A & **Wisniewski, L.** (2011). Integrating Dialectical Behaviour Therapy and Family Based Treatment for Multidiagnostic Adolescent Patients. In J.Alexander & J. Treasure, (EDs). A Collaborative Approach to Eating Disorders. London: Routlage Press.
- Federici A. & **Wisniewski, L.** (2015). Dialectical Behavior Therapy for Clients with Complex and Multidiagnostic Eating Disorder Presentations In: L. Chaote (Ed.) *Eating disorders and obesity: A counselor's guide to treatment and prevention.* American Counseling Association Press.
- Wisniewski, L.,** Bishop E.R., & Killeen T. (2014). Mindfulness Based Approaches in the Treatment of Eating Disorders, Substance Use Disorders & Addiction. In T. Brewerton & A.B. Dennis & (Eds.). *Eating Disorders, Addictions and Substance Use Disorders: Research, Clinical & Treatment Perspectives.*
- Bhatnagar, K. & **Wisniewski, L.** (2015). [Integrating Dialectical Behavior Therapy with Family Therapy for Adolescents with Affect Dysregulation.](#) In Loeb, LeGrange & Lock (eds) *Family Therapy for Adolescent Eating and Weight Disorders.* New York: Routlage Press.
- Bhatnagar, K., Martin-Wager, C & **Wisniewski, L.** (2019). DBT for Eating Disorders: An Overview. In Swales, M. (Ed) *The Oxford Handbook of Dialectical Behaviour Therapy.* Oxford University Press.
- Wisniewski, L. & Anderson, L.K.** (2018). Eating Disorders and Borderline Personality Disorder: Strategies for Managing Life-Threatening and Therapy-Interfering Behaviors. In Anderson, L. K., Murray, S. B., & Kaye, W. H. (Eds.). (2018). *Clinical handbook of complex and atypical eating disorders.* New York: Oxford.

- Wisniewski, L.,** Epstein, L., & Caggiula, A. (1991). The role of salivation, habituation and sensory-specific satiety on eating. Poster presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, New York, NY.
- Wisniewski, L.,** Rodefer, J., Epstein, L.H., & Caggiula, A. (1991). Factors influencing the habituation and dishabituation of the human salivary response. Poster presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, New York, NY.
- Rodefer, J., **Wisniewski, L.,** & Epstein, L.H. (1991). Salivary habituation to a non-nutritive food stimulus. Poster presented at the annual meeting of the Society for Behavioral Medicine, Washington, DC.
- Wisniewski, L.,** Hyman, K., Epstein, E., Cameron, J., & Lowe, C. (1992). Affective and physiological effects of positively and negatively motivated exercise in sedentary women. Poster presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, Boston, MA.
- Levine, M.D., Marcus, M., **Wisniewski, L.,** Malkoff, S., & Meyers, R.M. (1993). Self-monitoring diaries vs. interview assessments of binge eating. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Atlanta, GA.
- Wisniewski, L.,** & Epstein, L.H. (1993). The influence of child problems on mother and child weight loss in a behavioral weight control program. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Atlanta, GA.
- Wisniewski, L.,** Epstein, L.H., Marcus, M.D., Hsu, L.K.G., & Kaye, W. (1993). Salivary habituation in bulimia nervosa. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Atlanta, GA.
- Wisniewski, L.,** & Epstein, L.H. (1993). The relationship between child and parent characteristics and psychopathology in obese children. Poster presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
- Epstein, L.H., Caggiula, A., Rodefer, J., **Wisniewski, L.,** & Mitchell, S. (1993). Effects of calories on habituation of the human salivary response. Poster presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
- Epstein, L.H., Kalarchian, M., Valoski, A., Vara, L., **Wisniewski, L.,** Klein, K., & Schrage, L. (1993). Comparative effects of decreasing sedentary behavior and increasing activity on weight change in obese children. Paper presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
- Hyman, K.B., **Wisniewski, L.,** & Epstein, L.H. (1993). Differential effects of positively and negatively motivated exercise. Poster presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.

- Venditti, E.M., Jakicic, J., **Wisniewski, L.**, Butler, B.A., & Wing, R.R. (1993). Adherence to exercise in obese individuals assigned to diet plus exercise vs. exercise alone. Paper presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
- Wisniewski, L.**, Marcus, M., & Wren, F. (1994). Demographic characteristics and psychiatric and medical comorbidity in morbidly obese adolescents. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, San Diego, CA.
- Wisniewski, L.**, Marcus, M., Ewing, L., Levine, M., Murray, P., & White, G. (1995). Depressive symptomatology among adolescent women in an urban primary health care setting. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Ewing, L., Marcus, M., **Wisniewski, L.**, Greeno, K., Levine, M., & Murray, P. (1995). Binge eating among adolescent women in a primary care setting. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Murray, P., Marcus, M., Ewing, L., & **Wisniewski, L.** (1995). Binge eating problems in an Adolescent Medicine Clinic. Poster presented at the annual meeting of the Adolescent Nutritional Disorders: Prevention and Treatment, New York, NY.
- Wisniewski, L.**, Wren, F., & Marcus, M. (1996). Medical and psychiatric comorbidity in severely obese children and adolescents presenting for weight loss. Paper presented at the annual meeting of the Society for Behavioral Medicine, Washington, DC.
- Wisniewski, L.**, Wren, F., & Marcus, M. (1996). Co-morbidity of severe pediatric obesity. Paper presented at the annual meeting of the International Conference on Eating Disorders, New York, NY.
- Wisniewski, L.**, Marcus, M., & Kaye, W. (1996). Salivary habituation to repeated food cues in bulimia nervosa patients and controls. Poster presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.
- Wisniewski, L.**, Marcus, M., Levine, M., & Greeno, K. (1996). Binge eating, depression and obesity among adolescent women in primary care. Paper presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.
- Gerlach, D.S., **Wisniewski, L.**, Jennings, J.R., & Kaye, W. (1996). Heart rate response to repeated presentation of food and non-food stimuli in anorexia nervosa patients. Poster presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.
- Wisniewski, L.**, Marcus, M. & Goldman, J. (1996). Predictors of in-patient admission from an eating disorders partial-hospital program. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New York, NY.

- Wisniewski, L.,** Wren, F., Levine, M., and Marcus, M. (1997). Characteristics of patients attending a pediatric clinic for severe obesity: Race and gender differences. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Ringham, R., Levine, M.D., **Wisniewski, L.,** & Marcus, M. (1998). Treatment of severe pediatric obesity. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Wisniewski, L.,** Vinci, D., & Zajac, S. (2000). Eating disorder, mental health and medical symptoms of students at university student health care center. Poster presented at the meeting of the International Conference on Eating Disorders, New York, NY.
- Vinci, D., Zajac, S., & **Wisniewski, L.** (2000). Development of an eating disorder treatment program in a University Student Health Center. Poster presented at the meeting of the International Conference on Eating Disorders, New York, NY.
- Ringham, R., Levine, MD., Kalarchian, M., **Wisniewski, L.,** & Marcus, M. (2000). Treatment of severe pediatric obesity. Paper presented at the meeting of the International Conference on Eating Disorders, New York, NY.
- Ben-Porath, D.D., **Wisniewski, L.** Hackman, J.L., & Antkowiak, E. (2003). The effectiveness of dialectical behavior therapy with individuals diagnosed with eating disorders. Poster presented at the annual meeting of the International Society for Investigation and Teaching of Dialectical Behavior Therapy, Boston, MA.
- Ringham, R., Levine, MD., Kalarchian, M., **Wisniewski, L.,** & Marcus, M. (2004). Binge eating in seriously overweight children seeking treatment. Paper presented at the meeting of the International Conference on Eating Disorders, Orlando, FL.
- Ben-Porath, D.D., **Wisniewski, L.,** Hackman, J., Antekowiak, E., & Maxin, S. (2004). The role of affect regulation in women with eating disorders. Poster presented at the annual meeting for the American Psychological Association, Honolulu, Hawaii.
- Limbrunner, H.M., Dietz, S, & **Wisniewski, L.** (2004). Identifying clients who fail to attend their initial assessment for eating disorder treatment. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Limbrunner, H.M., Milstein, S.B., Ben-Porath, D.D., & **Wisniewski, L.** (2005). An exploratory study of the use of telephone skill-coaching by eating disorders clients. Poster presented at the International Conference on Eating Disorders, Montreal, Canada.
- Ben-Porath, D.D., & **Wisniewski, L.** (2005). Dialectical behavior therapy and differential treatment response in eating disordered individuals vs. eating disordered individuals with a co-morbid diagnosis of borderline personality disorder. Poster presented at the annual meeting of the Association for the Advancement of Cognitive and Behavioral Therapies, Washington, DC.

- Bhatnagar, K. & **Wisniewski, L.** (2008). Cognitive Behavioral treatment of body image disturbance in an adolescent with anorexia nervosa: a case study. Poster presented at the International Conference on Eating Disorders, Seattle, WA.
- Haynos, A., Chen, E.; Lynch, T ,McCabe,E.,. Safer,D, **Wisniewski, L.** Applying Emotion Regulation to the Theory, Research, and Treatment for Anorexia Nervosa. Symposium presented at the annual meeting of the Association for the Advancement of Cognitive and Behavioral Therapies, New York, NY.
- Federici,A. **Wisniewski, L.**, Ben-Porath,D, & Warren, M. (2009). DBT-Enhanced Day Treatment for Multi-Diagnostic Patients with Complex Eating Disorders: Description, Effectiveness, and Future Directions. Poster presented at the annual meeting of the International Society for Investigation and Teaching of Dialectical Behavior Therapy, New York, NY.
- Federici, A., **Wisniewski, L.**, Denise D. Ben-Porath, D. D., Warren, M. (May, 2010). DBT-Enhanced Day Treatment for Multi-Diagnostic Patients with Eating Disorders: Affective Processing, Emotional Awareness, & Distress Tolerance. In A. Federici (Moderator) & S. McMain (Discussant), *Innovative Methods for Understanding and Working with Emotions in Patients with Complex Eating Disorders: Getting Creative with Empirically-Based Treatments*. Symposium accepted at the Annual Conference of the Society for the Exploration of Psychotherapy Integration (SEPI), Florence, Italy.
- Federici, A., **Wisniewski, L.**, Lynch, T. & Wildes, J. (2010). Broadening our Conceptualizations and Clinical Approaches for the Treatment of Chronic Anorexia Nervosa. Symposium presented at the annual meeting of the Association for the Advancement of Cognitive and Behavioral Therapies, San Francisco, CA.
- Wisniewski, L.** & Ben Porath, D. (2010). Individual DBT Treatment Strategies Applied to Eating Disorders. Workshop presented at the annual meeting of the Association for the Advancement of Cognitive and Behavioral Therapies, San Francisco, CA.
- Wisniewski, L.** & Warren, M. (2011). Don't Give Up: Conceptual and Practical DBT Strategies in the Treatment of Complex ED Patients. Clinical Teaching Day presented at the International Conference on Eating Disorders, Miami, FL.
- Wisniewski, L.**, Mickley, D., Bowers, W., & Tobin, D. (2011). Treatment Approaches to the Complex, Co-morbid Eating Disorder and Borderline Personality Disorder Patient. Special Interest Group Panel Discussion presented at the International Conference on Eating Disorders, Miami, FL.
- Wisniewski, L.**, Mickley, D., Loeb, K., Zucker, K., & Weisberg, L (2012). Treatment Approaches to the Complex, Co-morbid Adolescent Eating Disorder and Borderline Personality Disorder Patient. Special Interest Group Panel Discussion presented at the International Conference on Eating Disorders, Austin, TX.
- Wisniewski, L.** & Federici, A. (2012). Advanced, Invited preconference workshop presented at the International Conference on Eating Disorders, Austin, TX.

Wisniewski, L. (2012). Plenary session “DBT in the Treatment of Eating Disorders” presented at the International Conference on Eating Disorders, Austin, TX.

Wisniewski, L. (2012). DBT for Eating Disorders: Current Status and Directions for Treatment Development". Symposium presented at the annual meeting of the Association for the Advancement of Cognitive and Behavioral Therapies, Harbor, MD.

Pona, A Federici, A., Malec, D., Ben-Porath, D., & **Wisniewski, L.** (2012). Outcomes of a DBT-Enhanced Day Treatment Program for Eating Disorders. Poster to be presented at the annual meeting of the Association for the Advancement of Cognitive and Behavioral Therapies, Harbor, MD.

Hughes-Scalise, A., Federici, A., Standish, J., & **Wisniewski, L.** (2012). A partial hospitalization program that supports Family Based Treatment for adolescents with eating disorders: Focus on changes in mood, suicidality, and emotion regulation. Poster presented at the annual meeting of the Association for the Advancement of Cognitive and Behavioral Therapies, Harbor, MD.

Hughes-Scalise, A., **Wisniewski, L.**, Federici, A., Altman, S., & Warren, M. (November 2012). *Treating adolescents with anorexia nervosa: Using a partial hospitalization program to support Family Based Treatment.* Poster presented at the Obesity and Eating Disorders Special Interest Group Cocktail Hour at the Association for Behavioral and Cognitive Therapies (ABCT) 46th Annual Convention, National Harbor, MD.

Wisniewski, L. (2013). Plenary session “Mindfulness and the Eating Disorders” presented at the International Conference on Eating Disorders, Montreal, Canada.

Bhatnagar, K, Mishne, & **Wisniewski, L.** (2013), “An Intensive Outpatient Program that Integrates Dialectical Behavior Therapy and Family Based Treatment for Adolescents with Complex Eating Disorder Presentations” poster presented at the International Conference on Eating Disorders, Montreal, Canada.

Federici, A., **Wisniewski, L.**, & Warren, M. (2013). Outcomes of an Intensive DBT Outpatient Program for Complex and Multidiagnostic Eating Disorders: A Case Series Analysis. Paper presented at the International Conference on Eating Disorders, Montreal, Canada.

Baker-Dennis, A., LeGrange, D., **Wisniewski, L.**, Kileen, T., VonRansom, K (2014). Integrated Treatment Principles, Strategies and Therapies for Patients with Eating Disorders and Substance Use Disorders. Special Interest Group Panel Discussion presented at the International Conference on Eating Disorders, New York, NY.

Wisniewski, L., Doyle, P., Anderson, L.K., Chase, A.K., Waterhaus, T. & Prado, L. (2015). Combining FBT & DBT for Adolescents with Eating Disorders. Special Interest Group Panel Discussion presented at the International Conference on Eating Disorders, Boston, MA.

Wisniewski, L. (2016). Advanced DBT for Eating Disorders treatment. Workshop presented at the International Conference on Eating Disorders, San Francisco, CA.

Wisniewski, L. & Bhatnagar, K. (2016). Addressing Therapy interfering and self- harm behaviors across the lifespan. Workshop presented at the International Conference on Eating Disorders, San Francisco, CA.

WORKSHOPS, SEMINARS and PRESENTATIONS

Wisniewski, L. (1991, November). The relationship between salivation, habituation, and eating. Clinical Psychology Training Seminar, University of Pittsburgh, Department of Psychology.

Wisniewski, L. (1993, May). Eating disorder prevention workshop. Ironbound Interparochial Elementary School, Newark, NJ.

Wisniewski, L. & Valoski, A. (1994, March). The behavioral treatment of childhood obesity. Invited address to American Dietetic Society, Pittsburgh, PA Chapter.

Wisniewski, L. (1994, April). Eating disorder prevention workshop. Ironbound Interparochial Elementary School, Newark, NJ.

Wisniewski, L. & Wren, F. (1995, May). The assessment and treatment of seriously obese children and adolescents. Pediatric Grand Rounds, Mercy Hospital, Pittsburgh, PA.

Wisniewski, L. (1995, June). The treatment of seriously obese children and adolescents. Inservice Training, Childrens Hospital, Pittsburgh, PA.

Wisniewski, L. (1995). Group treatment of morbidly obese pre-pubescent children. In F. Wren (Chair), Childhood obesity: Psychopharmacology, group treatment, co-morbidity, & epidemiology. Symposium conducted at the meeting of the American Academy of Child and Adolescent Psychiatry, New Orleans, LA.

Wisniewski, L. (1996, January). The identification and treatment of seriously obese children. In-service Training, City of Pittsburgh School Nurses Association, Pittsburgh, PA.

Wisniewski, L. (1996, January). Severe pediatric obesity: review and future directions. Obesity and Nutrition Research Center Lecture Series, Pittsburgh, PA.

Wisniewski, L. (1996, April). Eating disorders and obesity: etiology, assessment and treatment. In-service Training, South Hills Health System, Jefferson Hospital, Pittsburgh, PA.

Wisniewski, L. (1996, September). Adolescent eating disorders: assessment and treatment. Invited workshop presented at the fall conference of the West Virginia Association of Alcohol and Drug Counselors, Wheeling, WV.

Wisniewski, L. & Marcus, M.D. (1996, November). Assessment and treatment of pediatric obesity. Workshop presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New York, NY.

- Wisniewski, L.** (1997, April). Eating disorder prevention workshop. St. Cecelia Elementary School, Iselin, NJ.
- Wisniewski, L.** (1998, February). Healthy eating can prevent eating disorders. St. Catherine's Elementary School. Seattle, WA.
- Wisniewski, L.** (1998, May). Evaluating and treating eating disorders: research and practical applications. Presented at the annual spring meeting of The Greater Seattle Dietetic Association, Seattle, WA.
- Wisniewski, L.** (1998, October). Working with obese children and adolescents and their families: from the theoretical to the practical. Presented at the annual fall meeting of The Greater Seattle Dietetic Association, Seattle, WA.
- Wisniewski, L. & Marcus, M.D.** (1998, November). Assessment and treatment of pediatric obesity. Workshop presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Wisniewski, L.** (2001, January). Eating disorders: The basics and what's new. Presented at the University System Educators Group of University Hospitals Health Systems annual conference, Cleveland, OH.
- Wisniewski, L.** (2001, September). Eating disorders: From pregnancy to parenting. Presented at the annual meeting of the Erie County Eating Disorders Task Force, Huron, OH.
- Wisniewski, L. & Blazar, N.** (2002, January). Eating disorders and nutrition during pregnancy. Presented at a meeting of the Cleveland Regional Perinatal Network, Cleveland, OH.
- Wisniewski, L.** (2002, March). The identification and treatment of eating disorders. Presented at UHHS/Laurelwood Hospital's Chemical Dependency and Mental Health Profession Workshop monthly series, Willoughby, OH.
- Wisniewski, L. & Fallon, P.** (2002, April). Eating disorders: From pregnancy to parenting. Workshop presented at the international meeting of the Academy for Eating Disorders, Boston, MA.
- Wisniewski, L.** (2002 -2005). Disordered eating: Treatment strategies that work. Two day workshop sponsored by the Behavioral Technology Transfer Group. Cleveland, OH, Rochester, MN, Rochester, NY, Seattle, WA, Tuscon, AZ, Fort Wayne, IN.
- Wisniewski, L. & Ben-Porath, D.** (2002, September). Dialectical Behavior Therapy: Application to borderline personality disorder and eating disordered populations. Workshop sponsored by the Mental Health Association in Geauga County, Chardon, OH.
- Wisniewski, L.** (2002, November). A loving approach to dealing with eating disorders. Workshop sponsored by the National Association for the Mentally Ill. Cleveland, OH.

- Wisniewski, L.** (2003, January). Cognitive-behavioral treatment of the eating disorders. Workshop sponsored by Neighboring Family Practice, Mentor, OH.
- Wisniewski, L.** (2003, May). Eating disorders: From pregnancy to parenting. Workshop presented at the international meeting of the Academy for Eating Disorders, Denver, CO.
- Wisniewski, L.** (2003, October). Binge eating disorder: assessment and referral. Invited workshop presented to the Ohio State University extension office of Nutrition Outreach. Cleveland, OH.
- Wisniewski, L.** (2003, November). Adapting DBT to the treatment of eating disorders: a model of DBT-infused CBT. Workshop presented at the annual ISITDBT conference, Boston, MA.
- Wisniewski, L., Safer, D., & Chen, E.** (2004, November). The application of Dialectical Behavior Therapy to Eating Disorders: Three Models. Workshop presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Wisniewski, L.** (2004, November). Adding DBT to the Cognitive-Behavioral Treatment of the eating disorders. Invited address to the Obesity and Eating Disorder Special Interest Group, at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Wisniewski, L.** (2004, December). Using Dialectical Behavior Therapy to Treat Eating Disorder Patients. Invited workshop presented to staff at the Nord Center, Lorain, OH.
- Wisniewski, L.** (2005, February). Applying Dialectical Behavior Therapy to the Treatment of Eating Disorders. Invited workshop presented to at the First Annual New York State Initiative Conference. Syracuse, NY.
- Wisniewski, L.** (2005, May). Eating disorder Prevention Program. Two-day long program presented to faculty, Staff and Students at Perth Amboy Catholic Schools. Perth Amboy, NJ.
- Wisniewski, L., & Safer, D.** (2005, May). Two models of Dialectical Behavior Therapy's application to Eating Disorders. Workshop presented at the International Conference on Eating Disorders. Montreal, Canada.
- Wisniewski, L.** (2005, July). The Treatment Of Adolescent Eating Disorders: Whose Job Is It Any Way? Day-long workshop presented at the Mandel School of Social Work, Cleveland, OH.
- Wisniewski, L. & Warren, M.** (2005, August). Diagnosis, Management and Referral of the Eating Disordered Patient. CME presentation, Laurelwood & Lake Hospitals, Willoughby, OH.
- Wisniewski, L.** (November,2005). The Application of DBT to the Treatment of Eating Disorders. Workshop presented at the annual ISITDBT conference, Washington, DC.

- Wisniewski, L., & Becker, C.B.** (November 2006). Cognitive-Behavioral Approaches to the Treatment of Eating Disorders, Workshop presented at the annual Association for the Advancement of Cognitive and Behavioral Therapies, Chicago, IL.
- Wisniewski, L., Safer, D., Warren, M., Jendritza, T., & Watt, K.** (November 2006). The treatment of eating disorders using DBT. Round-table discussion presented at the annual meeting of the Association for the Advancement of Cognitive and Behavioral Therapies, Chicago, IL.
- Wisniewski, L., & Safer, D.** (April 2007). Two Models of DBTs Application to Eating Disorders. Workshop presented at the International Conference on Eating Disorders. Baltimore, MD.
- Wisniewski, L., & Black-Becker, C.,** (November 2007). Using Cognitive-Behavioral Treatment Techniques with Eating Disorder Patients. Invited pre-conference Institute presented at the annual meeting for the Association for the Advancement of Cognitive and Behavioral Therapies, Philadelphia, PA.
- Wisniewski, L. & Warren, M.** (May 2008). Applying DBT to Eating Disorders across Levels of Care. Workshop presented at the International Conference on Eating Disorders. Seattle, WA.
- Wisniewski, L.** (November 2008). Helping Teens Navigate the Toxic Food Environment and Feel Good About Their Bodies. Workshop presented at the fall Social Advocates for Youth Coalition meeting. Cleveland, OH.
- Wisniewski, L. & Ben-Porath, D.** (2009-2010). Treating the Multi-diagnostic Eating Disorder Patient Using DBT. Two-day workshop presented for BTTG. Various Locations.
- Wisniewski, L., & Chen, E.** (October 2012). Using DBT in the Treatment of Eating Disorders. Two day workshop and consultation presented to the Eating Disorders Program at UCLA Medical Center, Los Angeles, CA.
- Wisniewski, L.** (2013). DBT in the Treatment of Complex Eating Disorder Patients. Invited workshop presented at the 23rd Annual Renfrew Foundation Conference for Professionals, Philadelphia, PA.
- Wisniewski, L.** (February 2014). Is there a role for DBT in the treatment of adolescent eating disorders? Invited address, FEAST conference Dallas, Texas.
- Wisniewski, L. & Fallon, P.** (March 2014). Empirically based psychological interventions for complex and chronic eating disorders. Invited preconference workshop presented at the International Conference on Eating Disorders, New York, NY.
- Wisniewski, L.** (April 2014). DBT & FBT: Current Challenges in the Treatment of Adolescent Eating Disorders. Invited address: 7th Annual Maudsley Parents Conference. Cleveland, OH.
- Wisniewski, L. & Bhatnagar, (2014).** Integrating FBT to treat Adolescent EDs in a DBT program. Online for Treatment Implementation Collaborative.

- Wisniewski, L.** (2013). DBT and Eating Disorders. Webinar provided for the Center for the Study of Anorexia and Bulimia.
- Wisniewski, L.** (2014). Eating Disorders and Self Harm. Webinar provided for the Center for the Study of Anorexia and Bulimia.
- Wisniewski, L & Finnegan, D.** (2015, January). DBT skills for Eating disorders. 2 day-training: Center for Balanced Living. Worthington, OH.
- Wisniewski, L** (November 2015). Life Threatening and Therapy Interfering Behaviors in the treatment of Eating Disorder. Bloomington, Indiana.
- Wisniewski, L** (September 2015). DBT Treatment Strategies Applied to Complex, Multi-Diagnostic Patients Diagnosed with Eating Disorders: a focus on behaviors that interfere with treatment. **Invited** Webinar for the Academy for Eating Disorders.
- Wisniewski, L** (September 2015). Online workshops for the Australia and New Zealand Academy for eating disorders (ANZAED).
- Wisniewski, L** (April & December 2016). Treating Eating Disorders and Substance Abuse Disorders using DBT. Glenbeigh Treatment Center, Cleveland, OH.
- Wisniewski, L.** (August 2017). ED and DBT. Comenzar de Nuevo, Monterray, Mexico. Trained group of Spanish-Speaking providers: part in Spanish.
- Wisniewski, L.** (November 2017). What is new in Eating Disorders. Keynote address at the Hispanic-Latin American Congress of Eating Disorders. Vina del Mar, Chile.
- Wisniewski, L. & Anderson, L.** (November 2017). Techniques for treating the difficult client with an ED. Pre ABCT-conference workshop sponsored by University of San Diego's Eating Disorder Program.
- Wisniewski, L.** (March 2018). Treating Eating Disorders using DBT. 3-day training. Tupu Ora Clinic, Auckland, New Zealand.
- Wisniewski, L., Fallon, P., & Eddy, K.** (April 2018). Strategies for Managing Slow Progress in Adult and Adolescent ED Clients. International Conference on Eating Disorders, Chicago, IL.
- Peterson, C, Wonderlich, S. **Wisniewski, L.** & Pietsky, E. (April 2018). Targeting Emotion in Eating Disorders Treatment: The Use of Behaviorally-Based Psychotherapy Techniques to Facilitate Emotion Regulation. International Conference on Eating Disorders, Chicago, IL.

- Lupkin, M. & **Wisniewski, L.** (April 2018). Treating comorbid suicidality and non-suicidal self-injury among multiproblem adolescents with eating disorders: A DBT approach. International Conference on Eating Disorders. Chicago, IL. USA.
- Wisniewski, L.** (May, 2018). Talleres Pre Congreso: DBT y Trastornos de la Alimentación. Estrategias de Tratamiento de DBT Individuales Aplicadas a Pacientes Complejos y Multi-Diagnósticos con Trastornos de la Alimentación Congreso Latin America de DBT. Buenos Aires, Argentina.
- Wisniewski, L.** (August 2018). Courageous Conversations in Eating Disorders. Keynote address Australia and New Zealand Academy for Eating Disorders. Melbourne, Australia.
- Wisniewski, L.** August 2018. Two-day workshop on the DBT treatment of complex/comorbid eating disorders. Sponsored by the Australia & New Zealand Academy for Eating Disorders.
- Wisniewski, L.** (2018). DBT in the Treatment of Eating Disorders. Invited Address. Veritas Collaborative Symposium. Atlanta, Ga.
- Wisniewski, L.** (September, 2018.) Using DBT in the School Setting. Cleveland Heights University Heights School District Professional Development Day.
- Wisniewski, L.** October, 2018. Where Angels Fear to Tread: When your ED Client is Engaging in Behaviors that Interfere with Treatment. Invited Keynote address. Eating Disorder Association of Canada. Ottawa, Ca.
- Wisniewski, L.** (October, 2018). Where to Start? Managing the patient who restricts, binges and self-harms. Johns Hopkins University 2018 Eating Disorder Conference *Key Note* Speaker. Baltimore, MD, USA>
- Thomas, C. & **Wisniewski L.** (November, 2018). Using DBT to Treat Complex and High Risk Eating Disorder Clients: Principles and Practicalities. ISITDBT Conference, Washington, DC. USA.
- Lupkin, M. & **Wisniewski, L.** (March 2019). Movement, Speed and Flow – Effective Use of Behavioral Chain Analysis in the Treatment of Comorbid Suicidality, Non-Suicidal Self -Injury and Eating Disorders. International Conference on Eating Disorders. NY, NY.
- Jacobs, L, Forsberg, S. Rockwell, R, Eisler, I., **Wisniewski, L,** Peebles, R., Ouellette, J. (March, 2019) Demystifying Misperceptions and Resolving Common Dilemmas in Family-Based Treatments for Eating Disorders. International Conference on Eating Disorders. NY, NY.
- Wisniewski, L.** (December, 2020) Two Day Advanced Training for Dialectical Behavioral Therapy and Eating Disorders. Virtual, 16 hours. Metro DBT. NJ, US.

Wisniewski, L. (June-August, 2021) Family Based Therapy and Dialectical Behavioral Therapy. Virtual, 18 hours. Metro DBT. NJ, USA.

Wisniewski, L. (October, 2021) Two Day Advanced training for Dialectical Behavioral Therapy and Eating Disorder. Virtual, 16 hours. CEBRATA, Brazil.

Wisniewski, L. (December, 2021) Dialectical Behavioral Therapy for Bulimia Nervosa and Binge Eating Disorder Guided Self Help. Virtual, 12 hours. Liquid Plan. Italy.

Wisniewski, L. (May & August, 2022) Frequently Asked Questions Follow Up From 2021 Training. Virtual, 1 hour. CEBRATA. Brazil.

Wisniewski, L. (August, 2022) Eating Disorders as a Generalist. Virtual, 1 hour. Orlando Veterans Administration.

Wisniewski, L. (September, 2022) Overview of Dialectical Behavioral Therapy and Eating Disorders. Psychiatry Grand Grounds. Virtual, 1 hour. NY, NY.

Wisniewski, L. (September, 2022) Evidence Based Treatments of Eating Disorders and the Health at Every Size Movement. Jewish Family Services. Virtual, 6 hours. Detroit, Michigan.

Wisniewski, L. (December, 2022) Psychiatry Grand Grounds. Virtual, 1 hour. New York, NY.

Wisniewski, L. (January, 2023) Evidence Based Treatments for Eating Disorders: When the Eating Disorder Is Not Primary. Evolve Treatment Center. Virtual, 5 hours. CA, USA.

Wisniewski, L. (February, 2023) Dialectical Behavioral Therapy, Eating Disorders, and Orthodox Adaptation. Cognitive Behavioral Therapy and Dialectical Behavioral Therapy. Virtual, 18 hours. New York, NY.

Wisniewski, L. (February, 2023) Is My Loved One Safe? Addressing Suicidal Ideation and Self Harm. F.E.A.S.T. of Knowledge (Families Empowered And Supporting Treatment for Eating Disorders). Virtual.

TEACHING

Courses

1992-1994	Abnormal Psychology	University of Pittsburgh
1995, 1996	Small Group Facilitator, Behavioral Medicine Course	University of Pittsburgh, School of Medicine
1996	Small Group Facilitator Introduction to Being a Physician	University of Pittsburgh, School of Medicine
1996	Small Group Facilitator, Patient Interviewing	University of Pittsburgh, School of Medicine
1996	Introduction to Psychology as a Natural Science	University of Pittsburgh
1997	General Psychology	Seattle Central Community College

Guest Lectures

- 1990, February. Substance use disorders. Abnormal Psychology Course, University of Pittsburgh, Pittsburgh, PA.
- 1991, September. Behavior and cognitive-behavior therapy. Abnormal Psychology Course, University of Pittsburgh, Pittsburgh, PA.
- 1991, November. Eating disorders. Abnormal Psychology Course, University of Pittsburgh, Pittsburgh, PA.
- 1996, March. Eating disorders. Honors Introduction to Psychology Course, University of Pittsburgh, Pittsburgh, PA.
- 1997 & 1999, September. Assessing and treating eating disorders in primary care. University of Washington School of Nursing, Seattle, WA.
- 1998, May. Treating pediatric obesity in primary care. University of Washington Family Medicine Residency program, Seattle, WA.
- 2000, October. An update on the eating disorders. Laurelwood Hospital, Psychiatry Grand Rounds, Cleveland, OH.
- 2001, March. A behavioral, family-based treatment of pediatric obesity. Case Western Reserve University, Psychology Department, Cleveland, OH.

- 2001, July. Perinatal issues in patients with eating disorders. MacDonald's Women's Hospital, Obstetric Department, Cleveland, OH.
- 2001, December. The eating disorders. Rainbow Babies and Children's Hospital, Ambulatory Medicine/Pediatric Department, Cleveland, OH.
- 2002, March. The application of DBT to the treatment of eating disorders. Hillcrest Hospital, Dietary and Case Management Department, Mayfield, OH.
- 2002-20015, Various. The cognitive-behavioral treatment of eating disorder patients. Case Western Reserve University, Graduate Program in Psychology, Cleveland OH.
- 2003, 2008, 2009, 2010; 2013; 2015 April. Eating Disorders: assessment and treatment. University Hospital and Health System, Hanna Pavilion, Psychiatry Department, Cleveland OH.
- 2003, June. When eating becomes a problem. Rainbow Babies and Children's Hospital, *Pediatrics Today*, Cleveland, OH.
- 2003, September. Clinical evaluation, management, and referral of the eating disordered patient. University Hospitals Regional Network Grand Rounds, Cleveland OH.
- 2004, September. The use of commitment strategies in DBT. UHHS/Laurelwood Hospital Teaching Day, Willoughby, OH.
- 2005, January. The medical management of the eating disorder patient. Parma Hospital Continuing Medical Education Program. Parma, OH.
- 2005, April. Early identification and eating disorder treatment of school aged individuals. Cleveland Heights/University Heights School District. Cleveland Heights, OH.
- 2008, 2009, 2010 April. Eating Disorders. Cleveland Veterans Association. Cleveland, OH.
- 2015, May. Using DBT in the treatment of Adolescent Eating Disorders. Psychiatry Grand Rounds, Children's Hospital of Pennsylvania. Philadelphia, PA.
- 2015, July. Updates to the DSM-V Eating Disorders. Psychiatry Grand Rounds, University Hospitals, Cleveland, OH.
- 2015, July. Suicide Assessment. Clinical Psychology Graduate Program, CWRU.
- 2016, December. Eating Disorders and Levels of Care. Psychiatry Grand Rounds, West Virginia University, Morgantown, WV.
- 2017, July. How to manage Eating Disorders. Kent State University's Clinical Psychology Department. Kent, Oh.

2017, November. Using CBT to treat Eating Disorders. Clinical Psychology Graduate Program, CWRU

2018, Dissertation committee for Erin O’Grady, Wright State University: An Investigation Into the Relationship Between Spirituality, Religiosity, Religious Coping, and Body Image.

MEMBERSHIPS

1989 - Present	The Association for the Advancement of Behavioral and Cognitive Therapies
1994 - 1998	Obesity and Eating Disorder Special Interest Group, <i>Treasurer</i>
1992 – 2006	American Psychological Association
1996 - Present	Academy for Eating Disorders
1998 - 2000	Child and Adolescent Special Interest Group, <i>Research Coordinator</i>
2001 - 2004	Membership Committee, <i>Co-chair</i>
2002 - 2006	Fundraising Committee
2003	Elected <i>Fellow</i>
2004	Industry Liaison Committee
2005 - 2009	Board of Directors
2007 - 2009	Research/Practice Task Force
2009 - 2012	Borderline Special Interest Group, <i>Co-chair</i>
2018	Nominations Committee
2018	Task Force for the Development of Psychological Care Guidelines
2003 - Present	Ohio Psychological Association
2003 - 2006	North American Association for the Study of Obesity - <i>Fellow</i>
2004 - Present	Cleveland Psychological Association
2017 - Present	Eating Disorder Research Society

PEER REVIEW ACTIVITIES

Ad Hoc Reviewer

Western Psychiatric Institute and Clinic, Institutional Review Board	1993 - 1997
Program Reviewer, Society for Behavioral Medicine Annual Meeting	1995
Biological Psychology	1993
Journal of Abnormal Psychology	1995
Health Psychology 1998	1996, 1997,
Program Reviewer, <i>Chair</i> , Obesity and Eating Disorders SIG; Association for the Advancement of Behavior Therapy	1996
Program Reviewer, Association of Women in Psychology Annual Meeting	1996
Clinical Pediatrics	1997
International Journal of Obesity	1997
Program Reviewer, Society for Behavioral Medicine Annual Meeting	1997
Behavior Therapy	1999, 2012, 2013
Cognitive and Behavioral Practice	1999, 2001, 2004 2005, 2006, 2008, 2009, 2011 -2015, 2016- 2018
Guest editor for special edition on eating disorders and obesity	2003
Editorial Board	2016-2020
Cognitive Behaviour Therapist	2015, 2016
Journal of Contemporary Psychology 2008	2002, 2004, 2005,
Journal of Consulting and Clinical Psychology	2004, 2012, 2014
Journal of Contextual Behavioral Science	2012, 2016
Psychotherapy	2013

International Journal of Eating Disorders	2013
Journal of Psychiatric Research	2014
Behavior Research and Therapy	2015
Eating Disorders: The Journal of Treatment and Prevention	2013
Editorial Board	2015 – present
Frontiers in Psychology	2017

PROFESSIONAL CLINICAL EXPERIENCE

1997 - 2000	Private Practice, Seattle WA. Assessment, diagnosis and treatment of children, adolescents, and adults with a range of psychiatric disorders (e.g., eating disorders, depression, anxiety disorders).
1997 - 1998	University of Washington, Psychology Department. Assessment of patients with Borderline Personality Disorder using SCID I.
1998 - 1999	University of Washington, Harborview Medical Center, Borderline Clinic. Treatment of chronically mentally ill patients diagnosed with Borderline Personality Disorder using Dialectic Behavior Therapy.
1999 - 2000	Kartini Clinic for Disordered Eating, Portland, Oregon. Consultation to the clinic's treatment team regarding their difficult to treat children and adolescent patients diagnosed with eating disorders. Program development.
2000 – 2006	Laurelwood Hospital's Eating Disorder Program. Designed, developed and implemented all aspects of intensive outpatient (IOP) and partial hospital program (PHP) for adult and adolescent patients with eating disorders using CBT, DBT and Maudsley treatment modalities.
2006 - 2014	Cleveland Center for Eating Disorders. Developer and co-owner of an independently operated empirically founded treatment center for patients suffering from eating disorders.
2014 - 2017	The Emily Program. Chief Clinical Officer and Chief Clinical Integrity Officer.
2017- present	Lucene Wisniewski, PhD & DBT Ohio: private practice and consulting
2018 – present	Center for Evidence Based Treatment - Ohio

Community Involvement

AFS host mother
Community leadership workshop series
Cleveland Counsel on World Affairs host
Young Leaders of the Americas Initiative reviewer
Spanish Language study