

Feel like you're ...
on a roller coaster?
Walking on eggshells?
We understand.



NATIONAL EDUCATION
ALLIANCE FOR BORDERLINE
PERSONALITY DISORDER

Family Connections™ Weekend Intensive

John Carroll University, University Heights, Ohio
Saturday & Sunday, April 4-5, 2020 • 8:30^{AM} - 5:00^{PM}

Family Connections™ is a researched-based skills program designed for people who love someone with **Borderline Personality Disorder**.

EDUCATION

- Current research
- Treatment options
- Impact of family involvement

SKILLS (Based on DBT)

- Validation
- Relationship mindfulness
- Effective communication

SUPPORT

- Meet others in similar situations
- No blame no shame
- Be supported & support others

FREQUENTLY ASKED QUESTIONS:

Q: What is the cost to attend?

A: NEABPD does not charge to attend Family Connections™. A suggested donation of \$60 is requested to cover cost of materials, continental breakfast, and snacks both days. No one is ever turned away for financial reasons.

Q: Where exactly is the class located?

A: The class will be on the university campus. You will receive the exact location once your registration is confirmed. If you are traveling, we will provide you with a list of hotels that range from \$135 + per night plus tax.

Q: Can I bring a guest?

A: Yes. Because the event is by invitation only, all registrants must complete a Family Connections™ application at NEABPD.org to be invited. *(Please note, the class is not for the person who suffers from BPD or has BPD traits.)*

TO REGISTER, visit neabpd.org and click on "Families"
Questions? Email Tina@neabpd.org



TO LEARN MORE ABOUT
FAMILY CONNECTIONS™,
SCAN OR VISIT NEABPD.ORG



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